

WAIVER AND RELEASE
IMPORTANT INFORMATION

The Bartlett Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Bartlett Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this activity must recognize that there is an inherent risk of injury when choosing to participate in running/walking events.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for road race participation. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity. You are also solely responsible for selecting and wearing personal protective equipment.

Please recognize that roadways are maintained and intended for motor vehicle use and not pedestrian use. Therefore, surface irregularities and other hazards that do not pose safety risks to motor vehicles, may pose risks to joggers and walkers. Prior to the event, all participants should familiarize themselves with the event route, paying close attention to surface irregularities and other potential dangers. Participants should also familiarize themselves with traffic patterns, check points, and all first aid and water stations. *Most important, remember that this is a voluntary recreational activity. Never compromise your safety in the name of competition.*

WARNING OF RISK

Running and power walking are intended to challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including death. Understandably, not all hazards and dangers can be foreseen. The very nature of road racing is hazardous and risky, including but not limited to overexertion, dehydration, slip and falls, collisions with other participants, the effects of weather, dangerous conditions of the road, being struck by a vehicle or bicycle, lack of good physical conditioning, poor training technique, and all other circumstances inherent in running/walking events. In this regard, it must be recognized that it is impossible for the (Park District/SRA) to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this event, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this event. You are also hereby allowing for full use of any group or individual pictures, phrases or comments to be used for future marketing purposes by the Bartlett Park District.

I recognize and acknowledge that there are certain risks of physical injury to participants in this event, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity that my minor child/ward or I may sustain as a result of participating in any and all activities connected with or associated with this activity. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against the Bartlett Park District, including its respective officials, agents, volunteers and employees (hereinafter collectively referred to as "Parties").

I do hereby fully release and forever discharge the Parties from any and all claims for injuries, damages or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this activity. I further agree that this agreement shall be governed by the State of Illinois.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PLEASE PRINT Date: _____

Participant's Name: _____

Participant's Signature: _____

(18 years or older or Parent/Guardian)



APPLE BLOSSOM RUN
NEW finisher medals to ALL registered participants who cross the finish line!
5K & 10K

**Saturday
 May 13th
 2017**

**Run for
 the Cause**

Bartlett Community Center
 700 S. Bartlett Rd
 Bartlett, IL 60103
 630-540-4800
 www.bartlettsparks.org



8am Start

**37th Annual
 Apple Blossom Run
 Sat, May 13th, 2017
 8am Start**

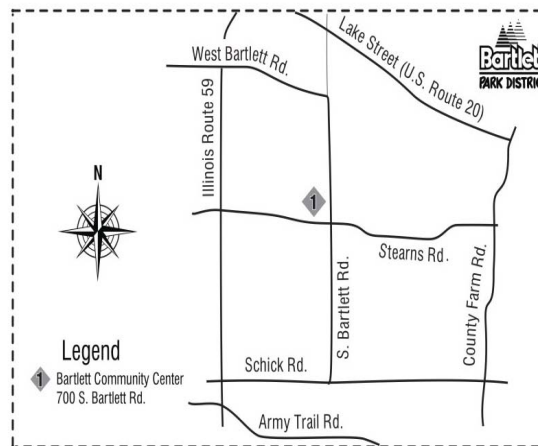
This family friendly race is a unique run through the scenic streets, parks and trails in the Village of Bartlett. The 5K Run, 5K Stroller Roll and 10K Run is open to all ages and will begin at 8am on Saturday, May 13, 2017.

All participants are required to use this form and have a signed waiver on file with the BPD.

- SAVE THE DATE -

Zombie Survival Run - October 14th

Map & Directions



Bartlett Community Center, 700 S. Bartlett Rd, Bartlett, IL, Located on the northwest corner of Stearns Rd. and South Bartlett Rd. The large white building set back on the recreation complex.

Phone: 630-540-4848

Website: bartlettsparks.org



\$5 of Each Registration

Will Go To Support the "Free To Be Me Inclusive Playground" Project

The Bartlett Parks Foundation a 501(c)3 organization created to help support the mission of the Bartlett Park District. The Foundation has taken on the challenge of building the first totally inclusive playground in Bartlett Park. This nature themed playground will be accessible to all ages and abilities and bridge the gap in play. The playground will include features that spark the elements of play for all. The structures will feature an accessible route via wheelchair or other assistive devices to provide access to the components. For more information about the Foundation and the playground project please visit our website: bartlettsparks.org/general/foundation.

37th Annual Apple Blossom Run

Registration

- Online at www.raceroster.com/11863
- By mail (Use this registration form or download the form from the Park District website @ <http://www.bartlettparks.org/facilities/fitness-center/special-events.aspx>)
- In person (At the Bartlett Community Center Registration Desk)

700 S. Bartlett Rd. Bartlett, IL 60103

Pre-registration closes 12noon on May 5, 2017. Registration will continue until 12noon on May 12th.

Race day registration will start at 6:30am and will end promptly at 7:30am.

Event Fees

Before May 5th Registration fee for 5K and 10K events is \$30 ****After 12noon May 5th** and on Race Day: 5K and 10K fees are \$40

Participants Receive

- Swag Bag and T-Shirt (guaranteed to pre-registered participants only)
- Post race snacks and water
- Raffle Entry
- Finisher Medal** upon completion of race

Packet Pick-Up

Pre-registered participants:

Wednesday, May 10th thru 12noon on May 12th at the **LIFECENTER** desk.

Race Day:

Starting at 6:30am in Program Room 1 at the Bartlett Community Center.

Race Information

Course Description

The course is a unique and fast course through the scenic Village of Bartlett, including long straights along Village of Bartlett streets and trails. Course surfaces will include asphalt, turf, grass, a plank bridge and gravel. The 5K events will make a **single loop** of the course, whereas the 10K event will be directed to make a **second loop** of the course to achieve their final distance.

Check Points

We will have split clocks at the one and two mile marks.

Two water/aid stations will be available on course.

Restrooms are NOT available on the race course.

Awards

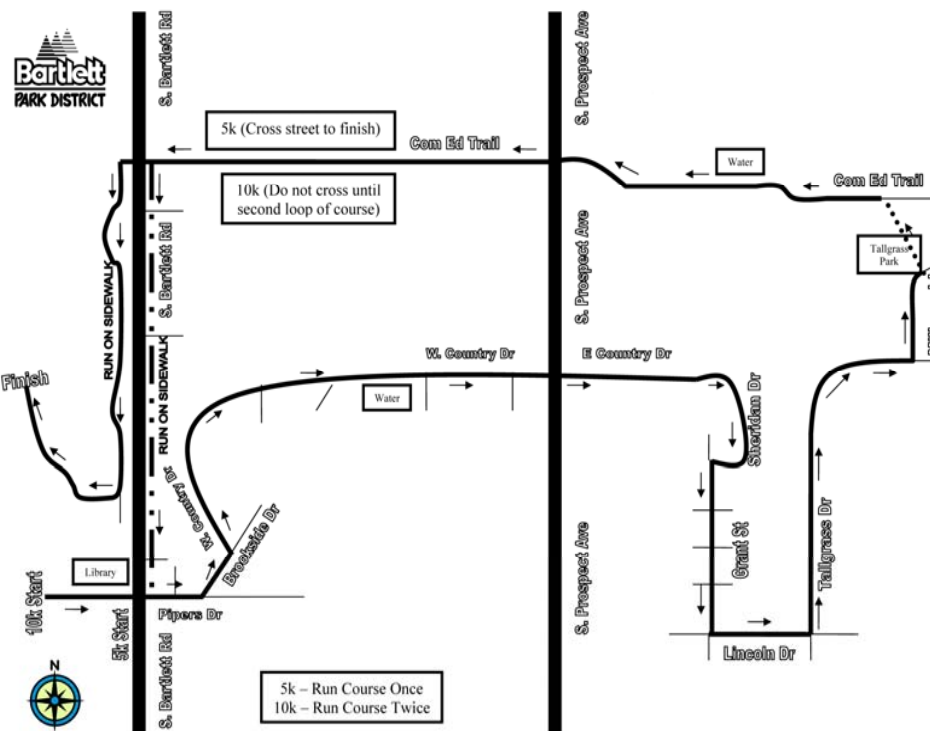
An awards ceremony will follow the completion of the Races. Medals will be presented to the top three (3) women and top three (3) men in each age group for all three 5K race classes and the 10K race. The overall top female and male finishers of the 5K and 10K will receive awards and prizes. Raffle drawings will be held at the awards ceremony and you must be present to win the raffle prizes.

Parking

Free parking is available in the Bartlett Community Center lot.

Race Timing & Results

The 5K and 10K races will be timed by Race Time Inc. Results will be posted at www.racetime.info.



Official Use Only

Reg: _____ Bib#: _____

37th Annual ABR Registration Form

Please check one:	Time	Price
<input type="checkbox"/> 5K Run (58510-01)	8 am	\$30**
<input type="checkbox"/> 5K Stroller (58510-02)	8 am	\$30**
<input type="checkbox"/> 10K Run (58510-03)	8 am	\$30**
		Total: _____

Name _____

Address _____

City, State, & Zip Code _____

Phone _____

Date of Birth _____

Age (on 5/7/16) _____

E-mail _____

Female Male
Gender

Small Medium Large X-Large XX-Large
T-Shirt Size (Adult Sizes)

**** Fees increase \$10 After 12noon May 5th
Please make checks payable to: Bartlett
Park District**

General Information

For more information, visit us online at www.bartlettparks.org/facilities/fitness-center/special-events or contact us at the Bartlett Community Center at 630-540-4800.

Volunteer Opportunities

Volunteering is a terrific way to support the runners, walkers and rollers. All volunteers will receive an event T-shirt. **To become a volunteer**, contact our

Race Director at 630-540-4839.

Sponsorship Opportunities

Various levels of sponsorship are available to businesses and individuals looking for new ways to promote themselves. To become a sponsor for this or other Bartlett Park District events, please contact our Race Director at 630-540-4839.