

Areas of Skill Development

Fine Motor

These activities involve the small muscles, including stirring, making things out of play dough, building with small blocks, cutting, lacing, writing skills such as: copying shapes, finger painting, drawing.

Gross Motor

These activities involve the large muscles of the body such as walking, jumping, skipping, throwing, and catching.

Language

These activities include understanding and expressing information, such as naming objects, answering questions, and describing events and objects.

Math

These activities include problem solving and counting, including one-to-one correspondence. Beginning patterns, sequencing, and sorting.

Self-Help

These activities include the skills of daily living such as dressing, feeding, and grooming oneself.

Personal/Social

These activities relate to interpersonal behaviors, such as cooperation in play, awareness of name and age, and choosing friends.

Remember:

- Talk with your child.
- Listen to what he or she has to say.
- Be generous with your praise.
- Make sure your child feels good about him/herself.

If you practice learning activities at home, make sure that your child enjoys the activity.
Have FUN!