

## Phase 4

### Group Fitness Pre-Registration (Aug. 3-15, 2020)

Member Name: \_\_\_\_\_

Class ID#: 20840

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

- Please check the box of each class you would like to pre-register to take.
- E-mail form to [registration@bartlettparks.org](mailto:registration@bartlettparks.org) or register online at [bartlettparks.org](http://bartlettparks.org)
- A valid **LIFECENTER ELITE** membership, a one month pass or a scan pass is required for pre-registration. Pre-registration guarantees you a spot in the class. Non-members cannot pre-register.
- Check-in outside of the room the class is scheduled for. Do NOT check in at the **LIFECENTER** front counter
- Please contact us to cancel if you cannot make your scheduled time.

#### Monday, Aug 3

- Cycle 45: 5:45-6:20am w/ Shellie (01)
- Aquafit: 8-9am w/ Bethanie (02)
- Mat Pilates: 9:45-10:45am w/ Shellie (03)
- Brick Bodies: 5:45-6:30pm w/ Lisa (04)
- Zumba: 6:30-7:25pm w/ Jacqui (05)
- Restorative Yoga: 7:45-8:45pm w/ Sherry (06)

#### Tuesday, Aug 4

- Yolates: 9:45-10:30am w/ Shellie (07)
- Forever Fit: 10:45-11:45am w/ Bethanie (08)
- Barre Fusion: 5:30-6:30pm w/ Wendy (09)
- Brick Bodies: 7:30-8:15pm w/ Devin (10)

#### Wednesday, Aug 5

- Deep Water Sculpt: 8-9am w/ Jennifer (11)
- Pilates Barre: 9:45-10:30am w/ Shellie (12)
- Cycle 45: 5:45-6:30pm w/ Cathy (13)

#### Thursday, Aug 6

- Flow Yoga: 5:30-6:20am w/ Shannon (14)
- Yolates: 9:45-10:30am w/ Shellie (15)
- Forever Fit: 10:45-11:45am w/ Bethanie (16)
- Brick Bodies: 5:45-6:30pm w/ Lisa (17)
- Pound: 6-7pm w/ Annette (18)
- Barre Above: 7:10-8pm w/ Annette (19)

#### Friday, Aug 7

- Cycle n Sculpt: 8:30-9:15am w/ Carrie (20)
- Step Circuit: 9:30-10:30am w/Lisa (21)
- Tai Chi: 10-11am w/ Sherry (22)
- Fit Yoga: 10:30-11:30am w/ Shannon (23)

#### Saturday, Aug 8

- Cycle 60: 7-7:55am w/ Shellie (24)
- Yolates: 8:10-8:55am w/ Shellie (25)
- Total Body Cardio: 9:10-10am w/ Lisa (26)

#### Monday, Aug 10

- Cycle 45: 5:45-6:20am w/ Shellie (27)
- Aquafit: 8-9am w/ Bethanie (28)
- Mat Pilates: 9:45-10:45am w/ Shellie (29)
- Brick Bodies: 5:45-6:30pm w/ Lisa (30)
- Zumba: 6:30-7:25pm w/ Jacqui (31)
- Restorative Yoga: 7:45-8:45pm w/ Sherry (32)

#### Tuesday, Aug 11

- Yolates: 9:45-10:30am w/ Shellie (33)
- Forever Fit: 10:45-11:45am w/ Bethanie (34)
- Barre Fusion: 5:30-6:30pm w/ Wendy (35)
- Brick Bodies: 7:30-8:15pm w/ Devin (36)

#### Wednesday, Aug 12

- Deep Water Sculpt: 8-9am w/ Jennifer (37)
- Pilates Barre: 9:45-10:30am w/ Shellie (38)
- Cycle 45: 5:45-6:30pm w/ Cathy (39)

#### Thursday, Aug 13

- Flow Yoga: 5:30-6:20am w/ Shellie (40)
- Yolates: 9:45-10:30am w/ Shellie (41)
- Forever Fit: 10:45-11:45am w/ Bethanie (42)
- Brick Bodies: 5:45-6:30pm w/ Lisa (43)
- Pound: 6-7pm w/ Annette (44)
- Barre Above: 7:10-8pm w/ Annette (45)

#### Friday, Aug 14

- Cycle n Sculpt: 8:30-9:15am w/ Carrie (46)
- Step Circuit: 9:30-10:30am w/Lisa (47)
- Tai Chi: 10-11am w/ Sherry (48)
- Fit Yoga: 10:30-11:30am w/ Shannon (49)

#### Saturday, Aug 15

- Cycle 60: 7-7:55am w/ Wendy (50)
- Yolates: 8:10-8:55am w/ Wendy (51)
- Box Circuit: 9:10-10am w/ Wendy (52)