



## Phase 4

### Group Fitness Pre-Registration (September 14-26, 2020)

Member Name: \_\_\_\_\_

Class ID#: 30839

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

- Please check the box of each class you would like to pre-register to take.
- E-mail form to [registration@bartlettparks.org](mailto:registration@bartlettparks.org) or register online at [bartlettparks.org](http://bartlettparks.org)
- A valid **LIFECENTER ELITE** membership, a one month pass or a scan pass is required for pre-registration. Pre-registration guarantees you a spot in the class. Non-members cannot pre-register.
- Check-in outside of the room the class is scheduled for. Do NOT check in at the **LIFECENTER** front counter
- Please contact us to cancel if you cannot make your scheduled time.

#### Monday, Sept 14

- Cycle 45: 5:35-6:20am w/ Shellie (01)
- Aquafit: 8:30-9:30am w/ Bethanie (02)
- Mat Pilates: 9:45-10:45am w/ Shellie (03)
- Brick Bodies: 5:45-6:30pm w/ Lisa (04)
- Zumba: 6:30-7:25pm w/ April (05)
- Restorative Yoga: 7:45-8:45pm w/ Sherry (06)

#### Tuesday, Sept 15

- Yolates: 9:45-10:30am w/ Shellie (07)
- Forever Fit: 10:45-11:45am w/ Bethanie (08)
- Barre Fusion: 5:30-6:30pm w/ Wendy (09)
- Brick Bodies: 7:30-8:15pm w/ Devin (10)

#### Wednesday, Sept 16

- Pilates Barre: 9:45-10:30am w/ Shellie (11)
- Cycle 45: 5:45-6:30pm w/ Cathy (12)

#### Thursday, Sept 17

- Flow Yoga: 5:35-6:20am w/ Shannon (13)
- Yolates: 9:45-10:30am w/ Shellie (14)
- Forever Fit: 10:45-11:45am w/ Bethanie (15)
- Brick Bodies: 5:45-6:30pm w/ Lisa (16)
- Pound: 6-7pm w/ Annette (17)
- Barre Above: 7:10-8pm w/ Annette (18)

#### Friday, Sept 18

- Cycle n Sculpt: 8:30-9:15am w/ Carrie (19)
- Step Circuit: 9:30-10:30am w/Lisa (20)
- Tai Chi: 10-11am w/ Sherry (21)
- Fit Yoga: 10:30-11:30am w/ Shannon (22)

#### Saturday, Sept 19

- Cycle 60: 7-7:55am w/ Wendy (23)
- Yolates: 8:10-8:55am w/ Wendy (24)
- Box Circuit: 9:10-10am w/ Wendy (25)

#### Monday, Sept 21

- Cycle 45: 5:35-6:20am w/ Shellie (26)
- Aquafit: 8:30-9:30am w/ Bethanie (27)
- Mat Pilates: 9:45-10:45am w/ Shellie (28)
- Brick Bodies: 5:45-6:30pm w/ Lisa (29)
- Zumba: 6:30-7:25pm w/ April (30)
- Restorative Yoga: 7:45-8:45pm w/ Sherry (31)

#### Tuesday, Sept 22

- Yolates: 9:45-10:30am w/ Shellie (32)
- Forever Fit: 10:45-11:45am w/ Bethanie (33)
- Barre Fusion: 5:30-6:30pm w/ Wendy (34)
- Brick Bodies: 7:30-8:15pm w/ Devin (35)

#### Wednesday, Sept 23

- Pilates Barre: 9:45-10:30am w/ Shellie (36)
- Cycle 45: 5:45-6:30pm w/ Cathy (37)

#### Thursday, Sept 24

- Flow Yoga: 5:35-6:20am w/ Shannon (38)
- Yolates: 9:45-10:30am w/ Shellie (39)
- Forever Fit: 10:45-11:45am w/ Bethanie (40)
- Brick Bodies: 5:45-6:30pm w/ Lisa (41)
- Pound: 6-7pm w/ Annette (42)
- Barre Above: 7:10-8pm w/ Annette (43)

#### Friday, Sept 25

- Cycle n Sculpt: 8:30-9:15am w/ Carrie (44)
- Step Circuit: 9:30-10:30am w/Lisa (45)
- Tai Chi: 10-11am w/ Sherry (46)
- Fit Yoga: 10:30-11:30am w/ Shannon (47)

#### Saturday, Sept 26

- Cycle 60: 7-7:55am w/ Wendy (48)
- Yolates: 8:10-8:55am w/ Wendy (49)
- Box Circuit: 9:10-10am w/ Wendy (50)