

## Phase 4

### Group Fitness Pre-Registration (October 12-24, 2020)

Member Name: \_\_\_\_\_

Class ID#: 30841

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

- Please check the box of each class you would like to pre-register to take.
- E-mail form to [registration@bartlettparks.org](mailto:registration@bartlettparks.org) or register online at [bartlettparks.org](http://bartlettparks.org)
- A valid LIFECENTER ELITE membership, a one month pass or a scan pass is required for pre-registration. Pre-registration guarantees you a spot in the class. Non-members cannot pre-register.
- Check-in outside of the room the class is scheduled for. Do NOT check in at the LIFECENTER front counter

#### Monday, Oct 12

- Cycle 45: 5:35-6:20am w/ Shellie (01)
- Aquafit: 8:30-9:30am w/ Bethanie (02)
- Mat Pilates: 9:45-10:45am w/ Shellie (03)
- Brick Bodies: 5:45-6:30pm w/ Lisa (04)
- Zumba: 6:30-7:25pm w/ April (05)
- Restorative Yoga: 7:00-8:00pm w/ Sherry (06)

#### Tuesday, Oct 13

- Yolates: 9:45-10:30am w/ Shellie (07)
- Forever Fit: 10:45-11:45am w/ Bethanie (08)
- Barre Fusion: 5:30-6:30pm w/ Wendy (09)
- Brick Bodies: 7:30-8:15pm w/ Devin (10)
- Deep Water Sculpt: 7:30-8:30pm w/ Jennifer (11)

#### Wednesday, Oct 14

- Aquafit: 8:30-9:30am w/ Bethanie (12)
- Pilates Barre: 9:45-10:30am w/ Shellie (13)
- Cycle 45: 5:45-6:30pm w/ Cathy (14)

#### Thursday, Oct 15

- Flow Yoga: 5:35-6:20am w/ Shannon (15)
- Yolates: 9:45-10:30am w/ Shellie (16)
- Forever Fit: 10:45-11:45am w/ Bethanie (17)
- Brick Bodies: 5:45-6:30pm w/ Lisa (18)
- Pound: 6-7pm w/ Annette (19)
- Barre Above: 7:10-8pm w/ Annette (20)

#### Friday, Oct 16

- Cycle n Sculpt: 8:30-9:15am w/ Carrie (21)
- Step Circuit: 9:30-10:30am w/Lisa (22)
- Tai Chi: 10-11am w/ Sherry (23)
- Fit Yoga: 11:15am-12:15pm w/ Shannon (24)

#### Saturday, Oct 17

- Cycle 60: 7-7:55am w/ Wendy (25)
- Yolates: 8:10-8:55am w/ Wendy (26)
- Box Circuit: 9:10-10am w/ Wendy (27)

#### Monday, Oct 19

- Cycle 45: 5:35-6:20am w/ Shellie (28)
- Aquafit: 8:30-9:30am w/ Bethanie (29)
- Mat Pilates: 9:45-10:45am w/ Shellie (30)
- Brick Bodies: 5:45-6:30pm w/ Lisa (31)
- Zumba: 6:30-7:25pm w/ April (32)
- Restorative Yoga: 7:00-8:00pm w/ Sherry (33)

#### Tuesday, Oct 20

- Yolates: 9:45-10:30am w/ Shellie (34)
- Forever Fit: 10:45-11:45am w/ Bethanie (35)
- Barre Fusion: 5:30-6:30pm w/ Wendy (36)
- Brick Bodies: 7:30-8:15pm w/ Devin (37)
- Deep Water Sculpt: 7:30-8:30pm w/ Jennifer (38)

#### Wednesday, Oct 21

- Aquafit: 8:30-9:30am w/ Bethanie (39)
- Pilates Barre: 9:45-10:30am w/ Shellie (40)
- Cycle 45: 5:45-6:30pm w/ Cathy (41)

#### Thursday, Oct 22

- Flow Yoga: 5:35-6:20am w/ Shannon (42)
- Yolates: 9:45-10:30am w/ Shellie (43)
- Forever Fit: 10:45-11:45am w/ Bethanie (44)
- Brick Bodies: 5:45-6:30pm w/ Lisa (45)
- Pound: 6-7pm w/ Annette (46)
- Barre Above: 7:10-8pm w/ Annette (47)

#### Friday, Oct 23

- Cycle n Sculpt: 8:30-9:15am w/ Carrie (48)
- Step Circuit: 9:30-10:30am w/Lisa (49)
- Tai Chi: 10-11am w/ Sherry (50)
- Fit Yoga: 11:15-12:15pm w/ Shannon (51)

#### Saturday, Oct 24

- Cycle 60: 7-7:55am w/ Wendy (52)
- Yolates: 8:10-8:55am w/ Wendy (53)
- Box Circuit: 9:10-10am w/ Wendy (54)