

Phase 4

Group Fitness Pre-Registration (October 26-November 7, 2020)

Member Name: _____

Class ID#: 30842

Address: _____

City: _____ Zip: _____

Phone: _____

E-mail: _____

- Please check the box of each class you would like to pre-register to take.
- E-mail form to registration@bartlettparks.org or register online at bartlettparks.org
- A valid **LIFECENTER ELITE** membership, a one month pass or a scan pass is required for pre-registration. Pre-registration guarantees you a spot in the class. Non-members cannot pre-register.
- Check-in outside of the room the class is scheduled for. Do NOT check in at the **LIFECENTER** front counter

Monday, Oct 26

- Cycle 45: 5:35-6:20am w/ Shellie (01)
- Aquafit: 8:30-9:30am w/ Bethanie (02)
- Mat Pilates: 9:45-10:45am w/ Shellie (03)
- Brick Bodies: 5:45-6:30pm w/ Lisa (04)
- Zumba: 6:30-7:25pm w/ April (05)
- Restorative Yoga: 7:00-8:00pm w/ Sherry (06)

Tuesday, Oct 27

- Yolates: 9:45-10:30am w/ Shellie (07)
- Forever Fit: 10:45-11:45am w/ Bethanie (08)
- Barre Fusion: 5:30-6:30pm w/ Wendy (09)
- Brick Bodies: 7:30-8:15pm w/ Devin (10)
- Deep Water Sculpt: 7:30-8:30pm w/ Jennifer (11)

Wednesday, Oct 28

- Aquafit: 8:30-9:30am w/ Bethanie (12)
- Pilates Barre: 9:45-10:30am w/ Shellie (13)
- Cycle 45: 5:45-6:30pm w/ Cathy (14)

Thursday, Oct 29

- Flow Yoga: 5:35-6:20am w/ Shannon (15)
- Yolates: 9:45-10:30am w/ Shellie (16)
- Forever Fit: 10:45-11:45am w/ Bethanie (17)
- Brick Bodies: 5:45-6:30pm w/ Lisa (18)
- Pound: 6-7pm w/ Annette (19)
- Barre Above: 7:10-8pm w/ Annette (20)

Friday, Oct 30

- Cycle n Sculpt: 8:30-9:15am w/ Carrie (21)
- Step Circuit: 9:30-10:30am w/Lisa (22)
- Tai Chi: 10-11am w/ Sherry (23)
- Fit Yoga: 11:15am-12:15pm w/ Shannon (24)

Saturday, Oct 31

- Cycle 60: 7-7:55am w/ Wendy (25)
- Yolates: 8:10-8:55am w/ Wendy (26)
- Box Circuit: 9:10-10am w/ Wendy (27)

Monday, Nov 2

- Cycle 45: 5:35-6:20am w/ Shellie (28)
- Aquafit: 8:30-9:30am w/ Bethanie (29)
- Mat Pilates: 9:45-10:45am w/ Shellie (30)
- Brick Bodies: 5:45-6:30pm w/ Lisa (31)
- Zumba: 6:30-7:25pm w/ April (32)
- Restorative Yoga: 7:00-8:00pm w/ Sherry (33)

Tuesday, Nov 3

- Yolates: 9:45-10:30am w/ Shellie (34)
- Forever Fit: 10:45-11:45am w/ Bethanie (35)
- Barre Fusion: 5:30-6:30pm w/ Wendy (36)
- Brick Bodies: 7:30-8:15pm w/ Devin (37)
- Deep Water Sculpt: 7:30-8:30pm w/ Jennifer (38)

Wednesday, Nov 4

- Aquafit: 8:30-9:30am w/ Bethanie (39)
- Pilates Barre: 9:45-10:30am w/ Shellie (40)
- Cycle 45: 5:45-6:30pm w/ Cathy (41)

Thursday, Nov 5

- Flow Yoga: 5:35-6:20am w/ Shannon (42)
- Yolates: 9:45-10:30am w/ Shellie (43)
- Forever Fit: 10:45-11:45am w/ Bethanie (44)
- Brick Bodies: 5:45-6:30pm w/ Lisa (45)
- Pound: 6-7pm w/ Annette (46)
- Barre Above: 7:10-8pm w/ Annette (47)

Friday, Nov 6

- Cycle n Sculpt: 8:30-9:15am w/ Carrie (48)
- Step Circuit: 9:30-10:30am w/Lisa (49)
- Tai Chi: 10-11am w/ Sherry (50)
- Fit Yoga: 11:15-12:15pm w/ Shannon (51)

Saturday, Nov 7

- Cycle 60: 7-7:55am w/ Wendy (52)
- Yolates: 8:10-8:55am w/ Wendy (53)
- Box Circuit: 9:10-10am w/ Wendy (54)