



**Bartlett Park District
Co-Ed Volleyball League Rules 2021**

CAPTAINS' RESPONSIBILITIES

1. All teams should send a captain or team representative to the Captain's Meeting.

NOTE: Modifications to the league rules may take place at the Captain's Meeting. Failure of a team representative to attend shall not exempt that team from any modifications that may be made.

2. All captains are expected to inform their players concerning all rules and regulations prior to the first game and as many times thereafter as necessary to make sure that no violations will occur.

3. It is the captain's responsibility to make sure all league fees are paid in a timely manner and all players sign the roster/waiver by the start of the first game. Team's who do not pay their team fees by the conclusion of their 2nd game will be dropped from the league.

4. All captains are expected to inform their players of scheduled games, schedule changes, make-ups, and standings.

5. Captains are responsible for notifying the Recreation Manager of a change of address, phone number, or e-mail address.

6. Team captains are responsible for the conduct of their team members and any team spectators at all times, including prior to, during, and after completion of the game.

7. If it is known that the captain will be unavailable during a certain period of time, it is the responsibility of that captain to call the Recreation Manager and submit another contact name, if other than the co-captain.

LEAGUE ROSTER/WAIVER

1. All teams must submit an official roster/waiver. Roster/waivers must include each player's name, address, home phone number and signature.

2. Players must be at least 17 years of age. ID's will be checked at the start of the season to match up with each team's roster.

3. Rosters are due **before the start of the first game**. Signatures are required on the official roster prior to participation in league play. If changes to the roster need to occur after the 1st game, captains must notify the Recreation Manager ahead of time. It is the discretion of the Recreation Manager to allow or deny the roster change. Any player removed from a team's roster may not be added to another team's roster for the remainder of the season.

4. A player may only play on one team. If a player is on more than one team's roster, he/she will be declared ineligible for that league.

5. Any team giving false information on a roster shall be dismissed from the league without any money being refunded.
6. For consideration as a resident team, 60% of the roster must reside in Bartlett.
7. Rosters will consist of a minimum of four (4) and maximum of fourteen (14) players.

LEAGUE RULES

United States Volleyball Association rules apply to all leagues, except where the Bartlett Park District has made adaptations.

Centerline

1. You may have any portion of your foot, or hand only, on the centerline under the net. At no time may any portion of your body cross the center plane under the net or it is called a point or side out.

Dead Ball

1. If the ball hits any part of a sidewall, basketball unit net rim, or backboard, the ball is a “dead ball”.
2. Balls that hit the ceiling or basketball center unit on the same side of the court that they were hit from are considered “live” and must be played.
3. Balls that are hit from one court to the ceiling on the opposite side are dead.

Reaching Over Net

1. Reaching over the net to spike a ball shall be called a fault.
2. A portion of the ball must cross the plane of the net before it may be contacted.

Serves

1. Serves hitting the net and going over are to be played.
2. Serves may not be blocked.
3. Persons receiving the service can set serves or use the bump.
4. Serves may not be spiked.

Substitutions

1. Team captains must inform the official of any substitutions being made.
2. Substitutions may be made only after a ball has been declared “dead” by the official and before the next service.
3. Rotation (substituting) can be done by one of two ways:
 - If using the rotation method, a position must be declared for that entire game – this is used as the rotation spot. All players must rotate out when they move into that spot. All substitutions must also rotate in at that same position.
 - Substituting one player for another. If a team uses this method, it must also be declared before the game. If player A substitutes in for player B, then player B can only come back in for player A. This process can also be used for any other sets of players.

Alternate Men & Women Players

1. Men and women players must hold alternate positions during all league play with 4 guys to 2 girls but may play with more girls.
2. The exception being with only 5 players you must alternate as much as possible.
3. Each serve must begin with a player rotation including the first serve of each match.
4. When one male player is in the front line at the time of service, one male backline player may be forward to the attack line for the purpose of blocking only.

Legal Lineups

1. 6 women
2. 5 women, 1 man
3. 4 women, 2 men
4. 3 women, 3 men
5. 2 women, 4 men
6. 1 woman, 3 men

Number Of Players

1. There must be a minimum of 4 players on the court at all times.
2. A minimum of one woman must be on the court at any time for all leagues.
3. Once a team has 6 players eligible for league play on the court and begins play, you may not reduce your team to less than 6 players unless an injury occurs and there is no substitute available.
4. When a team has 6 or more eligible players in attendance, prior to or at any point during match play, and those players are healthy and properly dressed to play, then that team must play with 6 people on the court.
5. If a team starts with less than 6 players and the 6th player arrives after any game has started, they may enter the game as soon as the play is whistled "dead" and the referee is notified of them entering the game.

Scoring

1. Two games shall be played to 25 points using rally scoring. The third game is played to 20 using rally score. All games must be won by 2 points with a 27 point maximum per game. The third game during the second and subsequent rounds of the playoffs are played as a normal scored game.

Forfeits

1. A team can forfeit the first game and still play the second game providing they have the players by the forfeit time.
2. A team has 10 minutes to field 4 players for the second game of a match.
3. Should both teams have less than four (4) players, both teams are credited with a loss.
4. A forfeit loss results in 13-0, 13-0, and 8-0.
5. Officials call the game as a forfeit five (5) minutes after game time. Teams may start a game with four (4) players. Teams must play with a minimum of four (4) players to continue the game. If a player leaves the game due to injury or other reason, leaving less than four (4) players, a forfeit is declared.
6. Any team that forfeits two (2) games is not be allowed to participate in the playoffs, and the third game is dropped from the league with no refunds. Future league considerations are evaluated.

Protests

1. No protests. All referee decisions are final.

Timing

1. Teams are given 2 minutes between games.

Timeouts

1. Teams are allowed (2) time outs during any match.
2. Time outs are 30 seconds in length.
3. Team captains only may call time-outs. You must always have a designated team captain on the court playing.

Warm-Up

1. Teams shall receive a minimum of 5 minutes to warm-up.

FORFEITS

Any game in which an ineligible player takes part will be an automatic forfeit. Proper identification must be available if the eligibility of a player is questioned. Eligibility of a player must be questioned prior to the conclusion of the first set by the opposing team. If a player does not show up till the second set, the opposing team may call a roster check up until the end of that set. Once the 3rd set begins, roster checks will not be allowed. Opposing team cannot grant an extended forfeit.

STANDINGS

The top 4 teams advance into the playoffs. If 2 or more teams have identical win/loss records, the following tie-break rules will be in effect:

- a. Any team with a forfeit during the regular season automatically loses all ties.
- b. Head to head record during the regular season;
- c. Point differential between the teams tied
- d. Team with fewest points allowed against all teams in all regular season games;

*If 2 or more teams are tied, the process will repeat itself after a team is eliminated.

RULE VIOLATIONS

1. Active participation in any type of disorderly conduct (fighting, etc.) will result in expulsion from the league for a minimum of one (1) full year, beginning the day of the incident, for the player and possibly the team.
2. If, for any reason, a player or Park District Staff is physically or verbally threatened or abused, or struck by a player or captain before, during or after a game, that person will be expelled from participation in any adult leagues indefinitely.
3. Use of excessive foul language by players and spectators must be policed by their respective captain. Violation of this rule could result in forfeiture of the game.

LEAGUE INFORMATION

1. All rules, schedules, and standings will be available online at <http://www.teamsideline.com/bartlettparkdistrict> Teams may access the schedule by clicking on the “Co-Ed Volleyball League” on the left side of the screen.
2. Changes in the schedule will be e-mailed to the captains when they are produced.
3. Standings will be updated online within 48 hours after the completion of each night’s games.

The Bartlett Park District reserves the right to modify any and all league rules, regulations, and procedures as necessary.