

What Do We Do In Preschool?



CIRCLE TIME is when we get together as a large group to share our ideas, plans, and observations. Circle activities are designed to stimulate thinking, enrich social skills, and expand attention spans.

GROSS MOTOR ACTIVITIES give children the opportunity to use their muscles – and their imaginations – as they engage in fun, healthy exercises, such as running, jumping, climbing, and dancing.



FINE-MOTOR ACTIVITIES help improve small-muscle development and eye-hand coordination. Some common items found in the fine-motor/manipulative area include puzzles, beads and laces, pegboards, crayons, and scissors.

ART ACTIVITIES help children to creatively express their thoughts and feelings. They reinforce fine-motor skills and concept development in areas such as colors, shapes, and size relationships.



DRAMATIC PLAY is a fun way to help youngsters to express themselves, practice life skills, improve social skills, increase self esteem, build vocabulary, and solve problems.

MUSIC ACTIVITIES promote listening skills, creative expression, and social skills. Children can explore sound, volume, tempo, and rhythm.



SCIENCE ACTIVITIES offer hands-on opportunities for observation, exploration, investigation, making predictions, and experimentation.

SAND & WATER ACTIVITIES allow kids to experiment with textures and the properties of different substances. These activities also promote the development of math, science, and language skills.



BLOCK PLAY gives children experience with many different concepts, such as shape and size discrimination, spatial relationships, number skills, balance, organization, cause and effect, and classification. Cooperative play skills, problem solving, and creativity are also promoted.

STORY TIME is designed to help youngsters develop an appreciation and enjoyment of literature. Reading activities enhance children’s vocabulary and comprehension skills as well as expand their knowledge base.

